



NERVOUS SYSTEM RECONFIGURATION

A five-month training in Biological Reconfiguration and Living
Constellations, strengthening perception and sensitivity

five weekends | ten full days | vienna, austria | 6 february to 20 june 2027

WHAT BROUGHT YOU HERE

Have you felt something move in a session, but couldn't quite perceive what it was or know what to do with it?

Are you a therapist looking for a somatic way to work with what talking can't reach?

Do you feel called to support others in a way that goes deeper than any method you've learned?

Are you tired of understanding your patterns without actually being free of them?

Has your identity become its own form of armour, and you're ready to see through it?

WHO THIS TRAINING'S FOR

This training is for practitioners, facilitators and seekers already working with people, including:

- Breathwork facilitators
- Bodyworkers, massage and de-armouring practitioners
- Somatic coaches, embodiment mentors, tantra practitioners
- Therapists and psychologists wanting a body-based entry point
- Yoga teachers with hands-on experience

THE WORK BEGINS IN STILLNESS

We've forgotten much of our sensitivity and our ability to perceive. When working with someone, we need to learn how to empty ourselves: to step out of the personal and into the impersonal.

How deep a session goes depends entirely on how cleanly this happens, and how strong a bond can be formed so that there is no longer separateness. From that place the practitioner becomes a filter, and the emptier they are, the more clearly they perceive. The clearer that perception, the more the client's biology can receive.

This training teaches you to empty, and from there to perceive what is in a client's field and what is keeping their biology from returning to its natural order. Nothing is done or given by you; whatever reorganizes does so through the impersonal field of consciousness. You learn this through Biological Reconfiguration and Living Constellations, practised with one another over five weekends.



WEEKEND ONE | Perception and Sensitivity

Both methods in this training rely on the same thing: the practitioner's capacity to empty and perceive. This weekend works on that capacity directly, so that you can sense what a person carries in their field. What lives there cannot be seen, only perceived, and it is what both methods work from.

Covered: emptying and stillness, forming the bond and working from the impersonal, perceiving the field rather than reading the person, the difference between perceiving and interpreting.

WEEKEND TWO | Biological Reconfiguration

Biological Reconfiguration is where information reaches the body. Through contact, the bond and the practitioner's emptiness, it passes into the client's nervous system and biology, which can then begin to reorganize, so that challenging moments are no longer met from old structures and patterns.

Covered: emptying and stillness, forming the bond and working from the impersonal, perceiving the field rather than reading the person, the difference between perceiving and interpreting.



WEEKEND THREE | Living Constellations

Most of what shapes our lives remains invisible, and Living Constellations brings these invisible threads back into view, through objects placed in the room or images held in the mind's eye. Working from emptiness and the impersonal, the practitioner learns to perceive what these objects and images carry. When these threads are witnessed, the nervous system can integrate them and return to coherence.

Covered: reading a field before it has been explained, working from zero without a stated topic, setting up with objects, letting a constellation move without arranging it, knowing when it is finished, working with individuals and with groups.



WEEKEND FOUR | Working Between Them

In a session, you might work with Living Constellations, Biological Reconfiguration, or move between the two. This weekend is about learning to recognize what is needed, when to use each method, and how they can work together, taking your work with both further.

Covered: recognizing what a moment calls for, moving between methods within one session, deepening the work in each.

WEEKEND FIVE | Integration and Assessment

By this point you will have been working with both methods for months, during the weekends and in your own practice between them. This final weekend brings that together. You continue to practise, drawing on both methods according to what each session calls for, and you are assessed live on a full session.

BETWEEN THE WEEKENDS

The weekends are where you learn. The months between them are where it becomes yours.

Three logged practice sessions each month, with peers from the cohort where possible

One 90-minute group supervision call each month, where we discuss your practice sessions

Two private sessions with Nathan across the training

A group channel for questions, arranging peer practice sessions, and support between calls

CERTIFICATION

Certification is earned, not attended. The Certificate of Completion in Nervous System Reconfiguration requires attendance at all five weekends, fifteen logged practice sessions, and a live session demonstration on the final weekend. Anyone completing the ten days without the practicum receives a record of attendance instead.

This certificate confirms training in a specific body of work. It is not a state licence and not a medical or psychotherapeutic qualification. Each participant remains responsible for practising within the scope permitted where they live.

In Their Words

I've done many different trainings in the field of body/energetic work and this space was the space where it all came together. The training allowed me to gently let myself be surprised by the gifts that I have inside that help me to be of service to others. Thank you, Nathan for this week. I loved the overall calm energy that allowed all the processes to occur, in a powerful and transformative way.

Christina – Austria

I feel that this work is above anything else out there. Anyone looking to move forward rapidly will be very pleased with this approach. If you have the skill or calling as a teacher this is at a new level. You will not find anything as satisfying as teaching this.

Ted – Vancouver

Nathan is one of the most skilled facilitators I have ever encountered. He possesses a powerful capacity to work with a person in a way that had to be witnessed to believe. His guidance was minimal yet impactful; he provided us with the key points to hold in our awareness and explore for ourselves without overwhelming us with too much information that would distract the mind. An amazing gift.

Nathalie – Toronto

DATES

Weekend One	6-7 February 2027
Weekend Two	13-14 March 2027
Weekend Three	24-25 April 2027
Weekend Four	22-23 May 2027
Weekend Five	19-20 June 2027

INVESTMENT

Pay in full, before 6 February 2027
€4,700
Early enrolment, before 4 December 2026
€4,950
Full Fee (neither of the above)
€5,500

DETAILS

Hours	09:00 to 18:30
Location	Vienna, Austria
Language	English
Group size	Fourteen places

€1,000 holds your place. €500 of that is non-refundable after fourteen days.

Included: ten training days, five monthly supervision calls, two private sessions with Nathan, all course materials, certification.

Not included: travel, accommodation, meals.



Nathan Marcuzzi

Nathan is a somatic practitioner whose work explores the intelligence of the body and the field around it. From 2015 to 2025 he was the founder of Somagetic, facilitating breathwork and de-armouring with individuals and groups. Over that decade his work evolved, becoming less about doing and more about sensitivity and perception: emptying, and acting as a filter for what a person carries. Today it centres on Biological Reconfiguration and Living Constellations. He lives in Central Europe and facilitates international trainings, workshops and private sessions.

www.nathanmarcuzzi.com

HOW TO APPLY



Fourteen people spend five months working closely with one another. Who is in the room is part of what you are paying for, which is why there is an application rather than a checkout button.

1. Fill out the application form at nathanmarcuzzi.com/somatic-practitioner-training
2. A short conversation, then a decision on both sides

Applications close 22 January 2027, or when the training fills.